

Boost >>>

Syllabus



A well-founded Faith with real-world Influence

Who is BOOST?



Boost is written by Geoff Westlake, an outreach specialist with OAC Ministries Australia.

Material includes adaptations from OACM, Power to Change, AFCL, Living Waters, Andrew Olsen, and links in with Scripture Union WA Camping, Local Mission, and utilises Bible Society's Masterclass. As such Boost provides on-ramps to all.

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Who is Boost for?

Christianity is out of favour in Western cultures.

Secular Humanism is dominating culture, and becoming more exclusive of other worldviews...



What do **Christian young people** need to thrive in this environment?

- be well grounded: with good and satisfying reasons for their mind, heart-felt convictions, Spirit-led living, and practical work to do.
- exert their own Christlike influence on their worlds
- endure hardships and extend faith hope and love to others with joy, which means to do all things *in Christ*.

This can be developed before they leave school.

Boost is ***pitched*** at roughly year 10 students. But younger and older may attend. Leaders and parents may also attend to use BOOST to develop their young people and leaders.

Train Christian
young people
to **live** in accord with a
Biblical Worldview,
Serve **Christ** &
Lead **Culture**
toward Him

What is Boost?

Boost is:

- a series of **one-day intensives**. One per term over 2 years developing teens (and their Parents, Youth Leaders, Teachers etc) along a defined **pathway** from knowing Jesus, to growing, to going to influence the world.
- to be used in step with the **Spirit**. Not some man-powered 'system' but offers a series of Biblical **input** & useable **tools** which have been tried, refined, and used by young people at various stages of their development toward their own ministry and influence.

Boost intensives are a mix of:

- Practical Input
- Group work
- Workshop practice
- Accountability pairs
- Games
- Food
- Friends

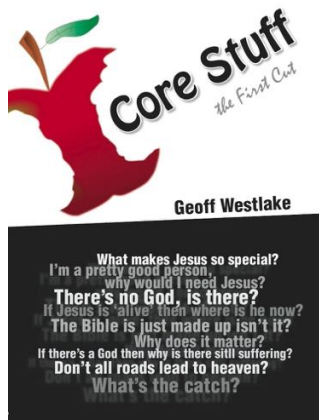


An intentional **Pathway** of, tools &, training to practice locally with support



Pre-requisite

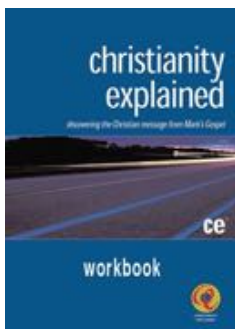
Core Stuff (or similar) apologetics



Boost will assume participants already know the core stuff of the Christian faith: **apologetics** about God, Bible, Sin, Christ's Birth, Teachings, Cross, Resurrection, Spirit, Disciplines, and Return.

These are addressed in the *Core Stuff* series Geoff often runs at SU camps. For future participants, this will also be run as an intensive each year in term 3. It is also available any time via geoffwestlake.com.

Books by McDowell, Dickson, and Strobel, or other apologetics series such as *NUA*, or *Christianity Explained*, may suffice. You be the judge.



A Day at a Boost Intensive

- 830 Registration & Mixers
- 845 Small Groups (report on your prac, & pray)
- 900 **Prayer & Focus** time
- 930 **Session 1** / Workshop
- 1030 Snack (game)
- 1100 **Session 2** / Workshop
- 1215 Lunch (game)
- 100 **Session 3** / Workshop
- 200 Snack (game)
- 230 **Session 4** / Workshop
- 330 **Plan** your Prac
- 400 Debrief / Q&A etc
Pack-up
- 430 Pick up



Overview of BOOST Intensives

Prerequisite: [Core Stuff](#) (or similar) apologetics

#1. Commit: **Keep Moving Forward**

Biblical foundations apologetics

Sharing your faith foundations

Pathway of discipleship

Lead a small group

Practice, and Plan

#2. Grow: **Build on The Cornerstone**

Prayer Tool for *Core Practices*,

Topical Bible Study tool

Cornerstones & Common grounds

Prayer & Planning tool

Workshops

#3. Bible Society **Masterclass**

*Plus, [Core Stuff intensive](#) for prospective BOOST-ers
starting the following year. God, Bible, Problem.
Christmas, teachings, cross, risen, Spirit, follow.*

#4. Train: **Share Life and Faith**

Sharing Life & Faith

Relating skills

Direct outreach skills

Workshop & Planning for summer influence



Prerequisite: Boost intensives #1-4

#5. Lead: Lead Others Forward

Review, Resources, Scenarios
Lead others on the Pathway
Team Leadership
Workshop and Plan

#6. Lead: Lead Others Well

Pecking order v Safe Leaders
Ground Rules, Leading meetings
Thinking grids, Action planning
Workshops

#7. Bible Society Masterclass

*Plus, **Ways of Knowing** for prospective Boost-ers,
Examine the **Core Stuff** using your Mind, Heart,
Soul, and Strength.*

#8. Go: Ready Set Go

Coaching each other
Further study options
Bonus tools
Commission
Direct outreach skills
Planning for summer leadership

1st Year Tools

Prerequisite: Core Stuff

Intensive #1 Commit: **Keep Moving Forward**

Commit



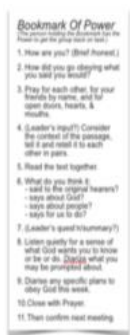
Prayer & Worship

A review of Core Stuff, introducing...

A **One-Pager** apologetics tool for use on mobile devices, to find relevant apologetic material quickly. Workshop it.



A clear **Pathway** for our discipleship so we can keep moving forward. (When we hit a wall along the pathway that's hard to overcome, that's where we press into Jesus for a break-through.)



Bookmark Of Power: A simple bookmark tool to lead small groups of 3-5, through care, accountability, Bible Study and prayer. Similar to Discovery-Bible-Study method.

Workshops for participants to practice using tools. And also to set up their practice of these tools in the months before the next intensive.

Intensive #2 Grow: Build on The Cornerstone



Prayer & **Bookmark of HPOWER**, a tool for Core Practices, to 'tune in' to God

123Topical

123 Topical: A Topic Bible Study method to help you base your life on The Biblical Cornerstone

Secular Humanist	Biblical Christian
No God No Bible Self Humanism Secularism Exclusive Socialism	Justice Mercy Life Good Other People Democracy Observable data
Proverbs 26:4 Don't answer a fool according to his folly and you fall into his same traps.	Proverbs 26:5 Answer a fool according to his folly or he will be wise in his own eyes.

Discern different **cornerstones** of different World-views. How to find **common ground** to cooperate, yet **explain** from and about your own Cornerstone.

Pray n Plan

Pray & Plan: A tool for prayer and planning your outreach



Workshops to practice the tools, and to diarise your application of them over the coming months.

Now they have options for their *private* devotions, their *group* meetings, and their *outreach* in life.

Intensive #3: Masterclass



Bible Society brings Masterclass to Perth in term 3 at which the **Centre for Public Christianity** provide speakers on topics that are: “foundational; missional; and topical.”

So we make room for **BOOST** participants to attend this. Schools send their year 10 and 11 students on a school day. BOOSTers will interact with a wider peer group.



August Core Stuff Intensive (Boost prerequisite)

Meanwhile for those thinking of doing BOOST in the following year, Core Stuff will be presented in a one day intensive format. Apologetics about God, Bible, problem, Christ's birth, life & teachings, cross, resurrection, Spirit, and invitation to “follow me.”

Geoff also presents Core Stuff at SU camps.

Intensive #4 Train: **Share Life and Faith**

Train - Sent

Prayer & Focus



Share faith relationally. We are Christ-centred and Community-sent. Contact, connect and communicate at deeper levels, & continue the friendships through gospel conversations.

Workshop what you can do next to share life and faith with your friends.



H4.

Roman Rd
STAY



Share faith with strangers. Various tools for sharing your faith in more direct ways for stranger conversations. Practice these tools

Prayerfully plan your influence on others over the coming summer (eg camps, beach missions, etc.)



Prospective presenters of Boost also need to be practitioners of such tools. That's why some of the presenters can also be youth themselves.

Let Geoff know if you are interested in presenting BOOST intensives. Prospective presenters can film the intensives for their own preparations, present and film their own presentations for quality control.

A dream is to have enough presenters to run all intensives concurrently or in multi-locations.

2nd Year Tools

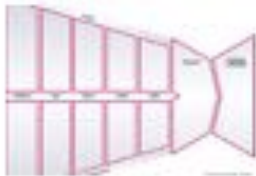
Prerequisite: Boost intensives 1-4

Intensive #5 Lead: **Lead Others Forward**

Lead - Send

Prayer & Worship

Review the summer. Q&A. Resources.



Intro to **Shift m2M pathway**. Review your discipleship pathway but now applying it as a leader, thinking of bringing others through.

Workshop what your various friends next steps may be.



APEST teams. Different leadership gifts & roles: Apostle, Prophets, Evangelists, Shepherds, Teachers. Use your strengths and those of others.

Plan how you will keep others moving forward in the months ahead.



Intensive #6 Lead: **Lead Others Well**

Lead - Send

Prayer & Focus



Learn how fallen human nature presents particular problems for leaders, very easily slipping into pecking order.

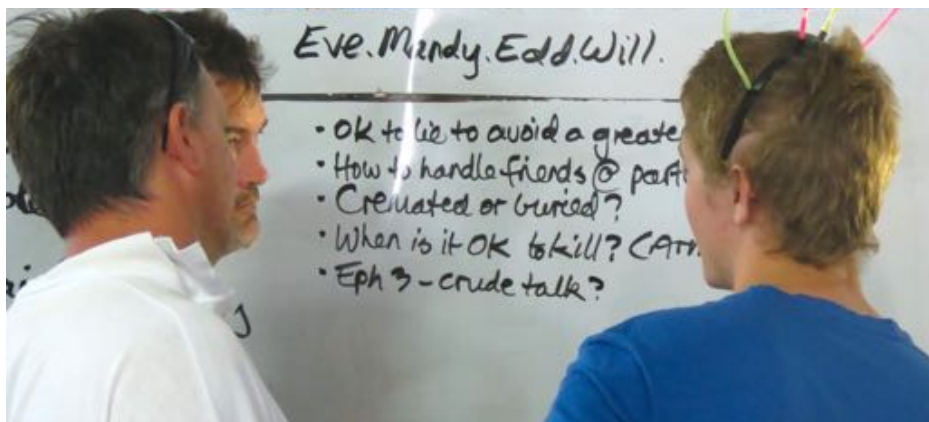


Then learn simple tools which

- protect our groups from our collective bad behaviour
- make our leadership serve everyone far more efficiently and effectively.



Workshop making **Ground-rules, Leading meetings, Thinking grids, and Action Planning.**



Intensive #7 Intensive: Masterclass



Bible Society brings Masterclass to Perth in term 3 at which the **Centre for Public Christianity** provide speakers on topics that are: “foundational; missional; and topical.”

So we make room for **BOOST** participants to attend this. Schools send their year 10 and 11 students on a school day. BOOSTers will interact with a wider peer group.



August Core Stuff - Ways of Knowing (Boost prerequisite)

Meanwhile for those thinking of doing Boost in the future, Core Stuff will be presented in a one day intensive format. The same foundational apologetics, and this time we will overtly examine how we know with our mind, heart, soul, and strength. The roles of science, history, experience, relationships, emotion and arts, and practical action, are all explored and point to the same Way, Truth and Life.

Intensive #8 Go: Ready Set Go

Go

Prayer & Focus

GROWN

Vose, Shift m2M, SU, DBS,
OACM-LS,CS,Ways, CPX, SU
camps, APEST, AO, SW?
Internships.,



A **coaching** tool to help you coach others you are sending. And they can coach you in turn.

Introductions to various **organisations** that can take aspects of Boost further. Workshop your next steps.

Bonus material may include

Bible as a library,

the Bible's zigzag pattern.

7 Colour Stories

www.myfriends.life

Workshop your leadership - over the coming summer, and beyond...



STATEMENT OF BELIEF: Scripture union WA

As the Scripture Union family throughout the world, we accept and proclaim the historic truths of the Christian faith, including the following:

A. God and the human race

We hold that that the Lord our God is one: Father, Son and Holy Spirit, and that he fulfils his sovereign purposes – in creation, revelation, redemption, judgement, and the coming of his kingdom – by calling out from the world a people united to himself and to each other in love.

We acknowledge that though God made us in his own likeness and image, conferring on us dignity and worth and enabling us to respond to himself, we now are members of a fallen race; we have sinned and come short of his glory.

We believe that the Father has shown us his holy love in giving Jesus Christ, his only Son, for us, while through our sinfulness and guilt, we were subject to his wrath and condemnation; and has shown his grace by putting sinners right with himself when they place their trust in his Son.

We confess Jesus Christ as Lord and God; as truly human, born of the virgin Mary; as Servant, sinless, full of grace and truth; as only Mediator and Saviour, dying on the cross in our place, representing us to God, redeeming us from the grip, guilt and punishment of sin; as Victor over Satan and all his forces, rising from death with a glorious body, being taken up to be with his Father, one day returning personally in glory and judgement to establish his kingdom.

We believe in the Holy Spirit who convicts the world of guilt in regard to sin, righteousness and judgement; who makes the death of Christ effective to sinners, declaring that they must now turn to Christ in repentance, and directing their trust towards the Lord Jesus Christ; who through the new birth makes us partake in the life of the risen Christ, and who is present within all believers, illuminating their minds to grasp the truth of Scripture, producing in them his fruit, granting to them his gifts, and empowering them for service in the world.

B. The Scriptures

We believe that the Old and New Testament Scriptures are God-breathed, since their writers spoke from God as they were moved by the Holy Spirit; hence are fully trustworthy in all that they affirm; and are our highest authority for faith and life.

C. The Church and its Mission

We recognise the Church as the body of Christ held together and growing up in him; both as a total fellowship throughout the world, and as the local congregation in which believers gather. We acknowledge the commission of Christ to proclaim the Good News to all people, making them disciples, and teaching them to obey him; and

We acknowledge the command of Christ to love our neighbours, resulting in service to the church and society, in seeking reconciliation for all with God and their fellows, in proclaiming liberty from every kind of oppression; and in spreading Christ's justice in an unjust world ...until he comes again.

Summers of Service

Boost is conducted under the auspices of Scripture Union WA.



For your Summers of Service consider participating or leading on an SU program... suwa.org.au

STATEMENT OF FAITH: OAC Ministries Australia

- A. The Scriptures
We believe God inspired all the words of the Bible without error in the original writings to give mankind His authoritative message.
- B. The Godhead
We believe in one God eternally existing in three persons: Father, Son and Holy Spirit.
- C. Jesus Christ
We believe in His full deity, His virgin birth, His real humanity, His sinless life, His substitutionary death, His bodily resurrection, His ascension into heaven, His present ministry as High Priest and His future personal return to this earth.
- D. The Holy Spirit
We believe in his full deity. He convicts sinners and saves those who believe in Christ. He indwells, seals and places believers into the body of Christ. He gives spiritual gifts and the power to live the Christian life.
- E. Humanity
We believe that God created all things as described in Genesis. We believe that the first man, Adam, sinned, bringing spiritual death to all mankind, who, therefore, stand condemned, making the new birth absolutely necessary.
- F. Salvation
We believe that God gives eternal life to those who repent and put their faith in Christ alone, justifying them by the blood of Christ and imputing His righteousness to them.
- G. The Church
We believe in the universal church to which all believers belong. We believe in the importance of the local church which is made up of believers who gather for worship, fellowship and teaching. We believe in the responsibility of the church to fulfil the Great Commission of Christ, preaching the Gospel to all nations.
- H. The Future
We believe in the eternal existence of the soul, the resurrection of the body, the eternal blessedness of believers and the eternal punishment of unbelievers.

Boost is authored by
Geoff Westlake from
OAC Ministries WA.



We engagingly **present** the Gospel wherever people are open to it
(*eg. schools, camps, parks, groups, sheds, streets...*)
and **assist** churches to do the same.

BOOST'S MISSION

to help Christian young people
to **think** and **live** in accord with a biblical worldview
so that they will **serve** Christ and **lead** the culture toward Him.

Boost >>>



Boost >>>

Commit Train Lead Go Multiply

SG *Small Groups*

OAC ministries
Ordained And Called Ministers
Good News in Great Places

Core 2018-19 Feb May Aug Oct * Feb May Aug Oct *