

DEFAULT

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ALTERNATIVE

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INSIGHTS

DESIGN

DAPMID

How to use a DAPMID Thinking Grid

Spend 2 minutes in each quadrant, use a timer (approx 12-15 minutes total)

Stay in that quadrant only, do not jump around.

Write down everything, even if it seems crazy or unrealistic or emotive.

No commenting or arguing, save it for the appropriate quadrant.

No talking over the top of each other.

A natural pause is ok.

D Default: the position if you do nothing

A Alternative: the other option

P Pluses +

M Minuses -

I Insights: Pause, what stands out to you, what do you see.

D Design: Write down the next steps you will now take.